

Tukwila Parks and Recreation

Good Healthy Fun



TUKWILA
PARKS & RECREATION
GOOD HEALTHY FUN

Recreation, Community Services and Events

- Athletic & Fitness Programs
- Community Events & Volunteer Programs/Services
- Cultural Enrichment & Social Programs
- Free/Low-cost Programs & Services
- Youth & Teen Programs



Athletics & Fitness Programs

Good:

- Martial Arts Classes

Healthy:

- Silver Sneakers Fitness
- Personal Training
- Aerobics Classes

Fun:

- Adult/Senior Volleyball League



Community Events & Volunteer Programs/Services

Good:

- Wide Variety of Community Events/Opportunities:
 - Peanut Butter and JAM Family Concerts, Outdoor Movies, Kid's Festival, etc.

Healthy:

- Touch A Truck Safety & Emergency Preparedness Fair, Showcasing preparedness tips.

Fun:

- Family 4th at Fort Dent – Safe, family friendly fun!
- Variety of volunteer opportunities

VolunteerTukwila



Cultural Enrichment and Social Programs

Good:

- Women's Only Fitness (WRPA Spotlight Award)



Healthy:

- Partnership for Improving Community Health Grant (PICH): Nutritionist



Fun:

- Senior Hiking Program



Free/Low-Cost Programs & Services

Good:

- Spirit of Giving
 - July 15th kicks off school supply drive

Healthy:

- Summer Sack Lunch Program

Fun:

- Summer Playground Program

BACKPACK & SCHOOL SUPPLY DRIVE

JULY 15–AUG 15

Help children in your community by sending kids in need to school with a backpack full of supplies.



- » Backpacks
- » Folders
- » Binders
- » Markers
- » Pencils
- » Loose leaf paper
- » Spiral notebooks



Youth

Good:

- Camp Tukwilly
 - All 10 weeks Full

Healthy:

- Monday Cooking Classes
 - Teaching healthy alternatives ways to cook

Fun:

- Rec Time
- Preschool Camp
- Sports Camps



Teen

Good:

- Teen Venture Camp
- Leaders in Training (LIT)
- Teens for Tukwila

Healthy:

- Teen Open Gym
 - M & W Evenings
- New Teen Summer Soccer
 - Wednesday @ TCC

Fun:

- Summer Teen Kick-Off Festival
 - Over 600 kids attended



Parks, Trails & Open Space

- Parks/Trails
- Park Maintenance
- Stewardship



Parks, Trails, and Maintenance

Good:

- See You in the Park Events

Healthy:

- Fitness Equipment
 - 9 new equipment stations will be installed along trails and parks.
- Use of organic fertilizer to maintain parks

Fun:

- Spray Park
- Play equipment
- Ball fields



Stewardship

Good:

- Healthy Earth, Healthy You 5k and restoration project

Healthy:

- Green Tukwila

Fun:

- Duwamish Alive
 - Over 200 volunteers!



Golf

Good:

- Course looks amazing, with great participation.

Healthy:

- 18 Holes of Golf & Foot-Golf

Fun:

- Junior Golf Programs



Golf Maintenance

Good:

- 77 acres of well managed green space.

Healthy:

- Aerating and topdressing increases drainage and playability.

Fun:

- Mowing greens and cutting cups.



Facility Rentals

Good:

- \$173,691 revenue (45% of annual revenue earned in 25% of the year)

Healthy:

- Nationally acclaimed Ailey Camp being held here for 65 campers learning various Dance and Music lessons

Fun:

- We host events from womb to tomb!
 - 15 weddings
 - 10 Birthday parties
 - 7 Graduation celebrations
 - 4 Baby Showers
 - 2 Memorials



Planning and Development

Good:

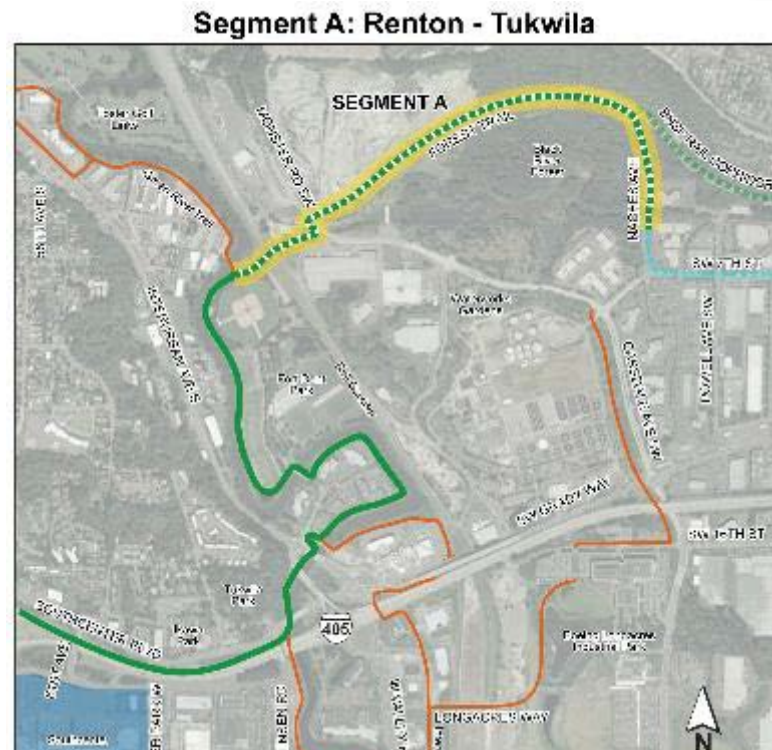
- Recreation Management Software (RMS): New software coming soon: Online registration and point of sale.

Healthy:

- Lake to sound (L2S)

Fun:

- Duwamish Hill Preserve
- 4Culture funding



Pillars/ Focus Areas

Fit City

Physical Health
Emotional/Mental Health
Healthy Sleep
Spiritual Health
Diet and Exercise
Recreational Programming
Leisure Activities
Mindfulness
Tobacco Use
Alcohol & Drug Use
Sexual Activity
Family and Social Support

Vibrant City

Vibrant Business
District
Affordable Housing
Accessible Transit
Zoning
Access/Connectivity
Employment
Opportunities
Business Engagement
Partnerships

Green City

Parks, Trails &
Open Space
Green Tukwila Partnership
Tree City USA
Built environment
Healthy River
Green the Green
Air and Water Quality
Restoration Sites

Connected City

Social Equity
Community Engagement
Community Connections
Volunteerism
Neighborhood Safety
Food Systems
Human Services
Library Services
Healthy Schools
Healthcare Access
Educational
Opportunities
Civic Pride
See You In the Park



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2016 Tukwila Community Special Events and Volunteer Engagement Opportunities

FEB 25	Dr. Seuss Night 6:00–8:00pm	Tukwila Comm. Ctr.	AUG 10	See You In the Park 5:30pm–7:00pm, Performance by Gary Stroutsos	Tukwila Park
MAR 11	Restore the Duwamish Shoreline Challenge 1:00–4:00pm	Shoreline behind BECU	AUG 12	Family Outdoor Cinema Series Hotel Transylvania 2 , rated PG, at Dusk	Tukwila Comm. Ctr.
MAR 19	Duwamish Hill Preserve Work Party 10:00am–1:00pm	Duwamish Hill Preserve	AUG 17	Peanut Butter & Jam Klds Concert Series Noon–1:00pm, Performance by The Not-Its	Tukwila Comm. Ctr. Spray Park
APR 16	Duwamish Alive! 10:00am–1:00pm	Duwamish River Shoreline, Duwamish Hill Preserve	AUG 19	Tukwila Klds Festival Noon–3:00pm	Cascade View Park
APR 23	Healthy Earth, Healthy You 5K Fun Run & Walk 9:00am start	Tukwila Comm. Ctr.	AUG 19	Family Outdoor Cinema Series The Good Dinosaur , rated PG, at Dusk	Tukwila Comm. Ctr.
MAY 14	Backyard Wildlife Festival 9:00am–3:00pm	Tukwila Comm. Ctr.	OCT 1	SocktoberFest 5K Fun Run & Walk 8:00am start	Foster Golf Links
JUNE 17	Teen Summer Kick-off Festival 11:30am	Foster High Stadium	OCT 15	Duwamish Alive!	Duwamish River Shoreline, Duwamish Hill Preserve
JULY 4	Family 4th at the Fort Park opens at 9:00am, Festivities begin at 4:00pm, Fireworks at 10:00pm	Fort Dent	OCT 27	Autumn Harvest Carnival 6:00–8:00pm	Tukwila Comm. Ctr.
JULY 13	See You In the Park Noon–1:30pm, Performance by The Islanders	Bicentennial Park	NOV	Spirit of Giving Toy and Food Donation Drive	Tukwila Comm. Ctr.
JULY 27	See You In the Park 5:30pm–7:00pm, Performance by the Bubbleman	Riverton Park	NOV 16	Senior Thanksgiving Dinner 11:00am–1:00pm	Tukwila Comm. Ctr.
JULY 30	Touch-a-Truck Safety & Emergency Preparedness Fair 9:00am–1:00pm (9:00–10:00am is horn/siren free)	Westfield Southcenter			
AUG 3	Peanut Butter & Jam Family Concert Series Noon–1:00pm, Performance by Recess Monkey	Tukwila Comm. Ctr. Spray Park			
AUG 5	Family Outdoor Cinema Series Inside Out , rated PG, at Dusk	Tukwila Comm. Ctr.			
AUG 10	Peanut Butter & Jam Klds Concert Series Noon–1:00pm, Performance by Brian Vogan and His Good Buddies	Tukwila Comm. Ctr. Spray Park			

